

TRAINING INFORMATION PACKAGE



709-753-0220



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sjswc.ca/training-resources



ST. JOHN'S STATUS OF
WOMEN COUNCIL



Booking

Please use this [Training Request Form](#) to inform us about the details and preferences of your group. Once submitted, a member of our team will email you to answer any outstanding questions, go through the remaining details, and work with you to secure a date.

Rates

Standard group rate: \$1000 per session

Non-profit group rate: \$900 per session (10% off)

Location

We invite you to choose the location option that works best for your team:

The Women's Centre: Located on 170 Cashin Ave. Ext, we have a spacious program room ready to host you. We provide coffee, tea, and water. Our space is physically accessible and has gender-neutral washrooms. There is free parking available at and around our building. The capacity for our program room is approximately 25 people. If using our space, please inform us of any allergies.

Your Space: We are happy to deliver training at your office. We do require a screen or projector with laptop hookup and sound capabilities to facilitate our sessions. We may want to do a site visit sometime before the scheduled date to best inform our facilitators on what to expect of your space.

Virtually: While our sessions work best in an in-person setting, we can absolutely use Zoom if preferred. The meeting link will be sent to the booking contact for distribution to the rest of the group.





Capacity

We deeply value participant engagement and discussion during our sessions, so we find that training runs best if your group is between 5 and 50 people. If your group size is bigger than that, we may want to chat to explore how we can make that work.

Certificates

Each individual that attends our training will receive a digital certificate of completion. The booking contact will receive a Google Drive folder containing all of the certificates to distribute to the group.

Service Agreement

Once all of the details are confirmed, we will send you a service agreement through Adobe e-sign. This document highlights all details of your training session (date, location, topic, price, etc.). It also states our terms and conditions regarding rescheduling and cancellations.

Payment

Once the service agreement is signed, you'll be sent an invoice. You can pay by e-transfer, EFT, or cheque. Full payment is due seven days before the date of training and is non-refundable.





Empowering Perspectives:
Integrating Feminist Principles

Applying Trauma-Informed
Approaches at Work & Beyond

Gender Diversity:
Basics & Best Practices

Workplace Wellness:
Effective Boundary Management

Harm Reduction:
Fundamentals for the Frontline

For full descriptions,
learning outcomes, and
session lengths, please
visit the [Training](#) section
of our website.

Why Choose Us?

For over 50 years, we've been a trusted leader in the sector that prioritizes experiential knowledge to address the needs of our community. When you choose us as your training provider, you are widening the scope of that social impact and investing in the shared responsibility to create meaningful change.

We look forward to working with you!

